CHA2DS2-VASc Score

HERMELINDA G. ABCEDE, MD HS ASSISTANT CLINICAL PROFESSOR UCI DEPARTMENT OF NEUROLOGY

Introduction

•Anticoagulation is very effective in decreasing the risk of ischemic stroke in patients with non-valvular atrial fibrillation. However, compared to antiplatelet agents, anticoagulation does have increased risk of hemorrhagic complication.

•Guidelines recommend the use of oral anticoagulation in atrial fibrillation based on a patient's risk of ischemic stroke.

•Current American Heart Association Guidelines use the CHA2DS2-VASc risk stratification scheme.

Scoring

- •C Congestive Heart Failure (1 point)
- •H Hypertension (1 point)
- •A Age \geq 75 (2 points)
- •D Diabetes (1 point)
- •S Prior Stroke or TIA (2 points)
- •V Vascular disease other than cerebrovascular disease (1 point)
- •A Age 65-75 (1 point)
- •Sc Sex category (female 1 point)

Adjusted Stroke Rate

CHA2DS2-VASc Score	Adjusted Stroke Rate (%/year)
0	0
1	1.3
2	2.2
3	3.2
4	4.0
5	6.7
6	9.8
7	9.6
8	6.7
9	15.2

Treatment Recommendations

CHA2DS2-VASc Score	Risk	Treatment
0	Low	No therapy or Aspirin
1	Moderate	Aspirin or Anticoagulation
≥ 2	High	Anticoagulation